

Groton Nursing Facility

Nutritional Assessment: Type: S O / Initial

Dates: 1/8-1/14/13

Name: <u>[REDACTED]</u>	Room # <u>208-B</u>	Medical Record # <u>1304</u>
Admit Date: <u>01/01/2013</u>	DOB: <u>11/30/1923</u>	Age: <u>89</u> Sex: <input checked="" type="radio"/> M <input type="radio"/> F
Physician: <u>Dr. Ahmad Mehd</u>		
Advance Directives: <u>NCP, Beth Burgeon, DNR, DNI, No TF</u>		
Food Allergy/ Intolerance: <u>None</u>		
Cultural/Religious Preferences: <u>None</u>		

S: Communication/Cognitive Status: Alert Oriented Forgetful Confused Non-verbal
 Cooperative Uncooperative Aphasia Dementia - unable to make needs known
 Appetite: Good Fair Poor None
 Complaints about taste of food: Yes No
 Regular complaints of hunger: Yes No
 Feeding Ability: Self Self w/ Set-Up Staff Assist/ Supervision Staff feeds
 Adaptive Device: None (plate guard d/c'd 1/8/13)
 Dining Area: Dining Room TV Lounge Hallway Bedroom
 Oral status: Own Teeth Few/Broken/Poor Condition of Teeth Edentulous
 Upper Denture Lower Denture Refuses to Wear Dentures
 Chewing Problem: Yes No Hx _____
 Swallowing Problems: Yes No Hx _____
 Mouth pain: Yes No

GI: Diarrhea Nausea Vomiting Constipation Incontinence None: BM's q 1-3 day
 Hearing: H.O.H. Functional Hearing Aide
 Vision: Blind Impaired Functional Glasses
 Activity: Ambulatory Walks w/ Assist Wheelchair Bed/Chair Bed
 Diet Compliance: Compliant Non-compliant Questionable
 Comments: Gerald limits salt and tries to limit high fat processed foods (canned vegetables, cheddar, processed meats). Uses 2% milk (some), and aware of high fat foods, including bananas. Arm immobilizer removed this date (1/8/13).

O: DX/PMH: DM 2, hyperlipidemia, glaucoma, CHF, stroke, c/p macular, hx peripheral edema, a. cl, Htn, hx tobacco use, hx UTI
 Diet Order: NAS Consistency: White
 Meal Items: B: 3/week, 8 oz 2% milk or juice // L: 8 oz cheddar milk, iced tea // S: hot tea, 5 oz juice
 Between Meal Nourishments: Doelines scheduled snacks
 TF Order: N/A
 TF Provides: — Kcal — g Pro — ml Free Water — ml Total Volume
 Medications: nvt E min, coxamide, lasix, digoxin, zocor, KCl, lisinopril, metformin, metoprolol, BMP

Labs: 12/31/12 - Gluc 114, BUN 22, BUN/creat 36.7 (hi), Nat 138, K+ 4.6, HRA 11.5/34.0 (6)
8/28/12 - ALC 5.8, ALP 6.8, alb. 3.9, cholest. 13, Trig. 61, HDL 49, AST 13 (6), ALT 20 (6)

Skin: Intact Decubitus Other Healing ear laceration, healing surgical wounds
 HT: 69 in. (175 cm) WT: 193.8 # (88.1 kg) Usual WT: 201-207#
 IBW 136-153-170# BMI: 28.7 CBW: —
 Weight HX: 1 month 203 (t 4.5%) 6 months N/A

Estimated Nutritional Needs:
 Energy: BEE: 1541 * 1.25-1.3 activity * 105 injury = 2022-2103 Kcal
 Protein: 88.1 kg * 1.0 g pro/kg = 88 g pro/day
 Fluids: 88.1 kg * 30 ml/kg = 2643 ml/day
 Avg. Intake: 81 % PO 1458 ml (55 % Fluid) usually declines Nourishments
 Meals: B: 75-1002 L: 50-1002 S: 75-1002
 (Intake of water from foods, if applicable: 535 ml, total = 1993 ml (75%))