NUTRITIONAL SERVICES
Initial Screening Med Rec# [redacted]

Name: [redacted] RM# 208-A DOB: 02/03/20 Age: 92 DOA: 1/9/13
Diet Order: Regular
Previous Diet: NAS adhered? ____ Y ✓ N
Ht: 72" Wt: 154# BMI: 20.8 IBWR: 168-189-194 Usual adult weight: 149-168# within past year
Weight Hx: x Stable; if no: ____ # loss ; ____ # gain x 6 mos
Appetite: None Poor Fair Good Excellent 25-100% @ CRMC
COMMENTS RE: DIET HX NAS diet, fair appetite

Dx/PMH: Pneumonia c falls, CKD, SSS p pacemaker, DJD, hx CHF, hx colon CA p resection, possible prostate CA (referral work-up), hx SBO c lysis of adhesions, s/p TURP
Relevant Rx: Lasix, metoprolol, B12, ~~E~~-ASA, proscar, celexa, ~~protonix~~, MVI c min.

NutritionalConcerns/Preferences: Likes coffee, "some" milk, bananas, cold cereal (corn flakes). States he eats most foods. Snacks "not very important". Likes prune juice
Labs: 8/15/12 WNL, 1/7/13 - Gluc 103, Bun 44↑, creat 1.7↑, eGFR 40↓, B/C 25.8, Na^+ 138, K^+ 3.9, Ca^{++} 8.7

- No BM since 1/4/13
GI Problems: Diarrhea Constipation Nausea Vomiting None
Self Help Measures: ____

Unable to feed self	No	Yes	____
Chewing problems	No	Yes	____
Swallowing problems	No	Yes	____
Food Allergies/intolerances	No	Yes	____
Cultural, ethnic, religious preferences	No	Yes	____

Dentures: [X]Upper [X]Lower [X]~~Edentulous~~ Own/condition: ____

Skin intact? ☐ Yes (assessment NA); ☐ No; ~~Skin Breakdown Nutrition Assessment~~:
Skin Concern: skin tear Stage: N/A Site: (R) wrist
At ABW/CBW: ____ lb; ____ kg. BEE: ____ x AF ____ x IF ____ = ____ kcals
PRO Needs: ____ g/kg = ____ gm/day. Fluid Needs at ____ ml/kg = ____ ml/d
Suggest: ☐ MVI/min; ☐ Vit C 500 mg; ☐ Zn 220 mg/d x 60 days

PLAN:
☒ RD will assess within 14 days
☒ Start supplementation: 8 oz 2% @ bkfst, 8 oz Choc. milk @ supper.
☒ Other recommendations/interventions: will start with banana (potassium) as snack in morning and prune juice at supper (constipation)

Screened by: Kayla E. Slater DATE: 1/9/13
Reviewed & revised. V. Kelly RD 1/9/13